After Installing Oracle Database

Start SQL Plus(SQL command Promt)

alter session set "\_ORACLE\_SCRIPT"=true;

create user GiveUserName identified by GivePassword;

Password doesn't content @# special character except \_ same for your name

grant all privileges to UserName

Connect

GiveUseName

GivePassword

Download File Data Population

In Above File Press Control A and Control C (Copy All Content of File)

Go to SQL Prompt Right Click Mouse It will paste File

SQL> select table\_name from user\_tables;

This statement gives you tables created in your username